

Recognised by



MINISTRY OF CORPORATE AFFAIRS  
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**MAPAF**



**Syllabus**

# BHARATHANATYAM

## GRADE-1

1. THATTADAVU
2. NATTADAVU
3. PARAVAL ADAVU
4. ASAMYUTHA HASTHAS
5. SAMYUTHA HASTHAS

## GRADE-2

1. KUTHITU METTADAVU
2. THATI METTADAVU
3. KUTHADAVU
4. SIRO BETHAM
5. THIRISTI BETHAM

## GRADE-3

1. KORVAI ADAVU
2. SARUKKAL ADAVU
3. SUTRAL ADAVU
4. PADHA BEDHAM
5. MANDALA BEDHAM

## GRADE-4

1. MANDIYADAVU, PAICHAL ADAVU
2. THERMANA ADAVU, NADAI ADAVU (PANCH NADAI)
3. THATTADAVU ( PANCH NADAI ) , INAIPPU ADAVU
4. GRIVA BEDHAM
5. ASAMYUTHA HASTHAM FIRST HALF VINIYOGA

## GRADE-5

1. PUSH PANJALI
2. KOWTHUVAM
3. ALLARIPU THISRAM OR MISRAM
4. ASAMYUTHA HASTHAM SECOND HALF VINIYOGA
5. SAMYUTHA HASTHAS FIRST HALF VINIYOGA

### GRADE-6

1. SABTHAM
2. JATHISHWARAM
3. THIRIKALA JATHI (1) MATHI MA KALA JATHI (4) AADI OR RUBAKA THALAM
4. FIRST HALF ADAVU (PANCH NADAI)
5. SAMYUTHA HASTHAS SECOND HALF VINIYOGA SANSKRIT AND TAMIL MEANING

### GRADE-7

1. KEERTHANAI , PADHAM
2. SECOND HALF ADAVU (PANCH NADAI)
3. PANDHAVEE DEVATHA HASTHAS
4. NAVAGRAHA HASTHAS, JATHI HASTHAS
5. KAVADI CHINTHU

### GRADE-8

1. VIRUTHAM
2. VARNAM
3. THILLANA
4. ANY SANJARY BHAVAM
5. DANCE CHYOREGRAPHY

NOTES: ALL ADAVU'S PERFORM IN 3 SPEED'S COMPULSORY

## BHARATHANATYAM CERTIFICATE COURSE (1 YEAR)

### PRACTICAL

1. PUSH PANJALI
2. GOWTHUVAM
3. ALARIPPU (THISHRAM OR MISHRAM)
4. JATHISWARAM
5. SABDAM
6. VARNAM
7. THILLANA
8. PADAM, KEERTHANAI

### THEORY

1. MARGAM NADANA URUPPUGALIN - MEANING
2. ABINAYANGALIN TYPES
3. NIRUTHAM, NIRUTHIYAM, NATTYAM
4. ARANGETRAM - MEANING
5. INTRODUCING TO THALAM
6. EXPLANATION ABOUT MUSIC INSTRUMENTS USED FOR DANCE

# BHARATHANATYAM DIPLOMA COURSE ( 3 YEARS)

## 1ST YEAR

### PRACTICAL

1. ALL ADAVU
2. PUSHPANJALI
3. JATHISWARAM
4. ALARIPPU (THISHRAM OR MISHRAM)
5. GOWTHUVAM

### THEORY

1. ALL ADAVU'S MEANING, REASON FOR NAMING, SORKATTUGAL
2. PUSHPANJALI - MEANING
3. JATHISWARAM - MEANING
4. ALARIPPU - REASON FOR NAMING, MEANING
5. GOWTHUVAM MEANING
6. ALL NATIYA BEDHAS MEANING AND VINIYOKAS - EXPLANATION
7. SINGLE AND DOUBLE HAND MUDRAS NAME AND VINIYOKAS
8. NAVARASANGAL AND NATIYA NADAGANGAL

## 2ND YEAR

### PRACTICAL

1. SABDAM
2. KEERTHANAI, PADAM
3. DEVARAM, THIRUPPUGAL
4. THIRUPPAVAI, THIRUVEMPAVAI
5. KAVADI SINDHU, JAAVALI

### THEORY

1. SABDAM - MEANING TYPES, AND ORIGIN
2. DIFFERENCE AND SIMILARITIES BETWEEN KEERTHANAI AND PADAM
3. DEVARAM - SHORT NOTES, THIRUPPAGAL MEANING
4. THIRUPPAVAI, THIRUVEMPAVAI MEANING
5. KAVADI SINDHU AND JAAVALI MEANING
6. ABINAYATHIN TYPES
7. SASTHIRA NADANA TYPES
8. DANCE SCHOLAR'S LIFE HISTORY
  1. PANDANAI NALLUR MEENATCHI SUNDARAM PILLAI
  2. KATTU MANNAR KOVIL MUTTUKUMARASAAMY PILLAI
  3. VAZHUVUR RAMAIYA PILLAI
  4. THANJAVUR KITTAPPA PILLAI
  5. VAITHEESHWARAM KOVIL MUTHUSAAMY PILLAI
  6. K.N. DHANDAYUDHA BAAMI PILLAI
  7. RUKMANI DEVI ARUNDAL KALAKSHETRA

### 3RD YEAR

#### PRACTICAL

1. VARNAM
2. THILLANNA
3. BHARATHIYAR SONGS
4. ILLAKIYA SONGS
5. BHAKTHI SONGS
6. VIRUTHAM , MANGALAM

#### THEORY

1. VARNAM - MEANING
2. THILLANNA - MEANING
3. BHARATHIYAR SONGS, ILAKKIYA SONGS AND BHAKTHI SONGS - DANCE'S DIFFERENT FEATURES
4. VIRUTHAM, MANGALAM - SHORT NOTES
5. SULADHISABDA THALANGAL 35 AND 175 THAALANGAL - IT'S ANGANGAL AND KURIEDUKAL
6. CHINNA MELAM PERIYA MELAM
7. EXPLANATION ABOUT MUSIC INSTRUMENTS USED FOR DANCE
8. THAALANGAL AND IT'S KURIEDUKAL
9. JAATHIGAL USED IN DANCE
10. THAANDAVAM, LAASYAM
11. NATTIYA AADAI, OPPANAI, ANIGALANGAL, SIGAI ALANGARAM, NATTIYA THURAIYIN PARINAMA VALARCHIGAL ANDRUM, INDRUM

#### NOTES:

FOR DIPLOMA EXAM, VIVA IS COMPULSARY. DETAILED INFORMATION OF SONGS AND THEORY.

## BHARATHANATYAM NATTUVANGA TEACHER TRAINING (2 YEARS)

### 1ST YEAR

#### PRACTICAL

1. INTRODUCING TO THALAM
2. METHODS OF ADAVU AND THREE PHASES OF THATUDHAL.
3. THREE PHASES AT A SINGLE TIME.
4. PANCHA NADAI ADAVU THATUDHAL
5. KADIGAL AND NADAIGAL
6. KORVAIGAL, THEERMANANGAL, ARUDHIGAL
7. PUSHPANJALI, KOWTHUVAM, ALARIPPU, JATHISWARAM, SABDAM

## THEORY

1. THAALAM, KURIEDU MEANING
2. THAALAKKURIEDU WRITTING METHOD
3. SULAADHISABDHA THAALANGAL
4. YADHIGALIN TYPES
5. NADAI AND GADHI MEANING
6. LAKSHANALAKSHIYA BAAVAM
7. PUSH PANJALI, GOWTHUVAM, ALARIPPU, JATHISWARAM, SABDAM

## 2ND YEAR

### PRACTICAL

1. CREATING VARNAM AND THATUDHAL
2. WRITING THALAKKURIEDU NOTATION
3. THILLANNA
4. PADMA, KEERTHANAI, JAAVALI
5. DEVARAM, THIRUPPUGAL, KAVADI SINDHU
6. LAKSHANA LAKSHIYA BAVAM
7. ½ IDAM THALLI EDUTHAL / THALLI EDUTHAL

### THEORY

1. MUSIC INSTRUMENTS USED FOR DANCE
2. THATTUKUZHI, KUZHITHALAM
3. NATTU VANARGAL LIFE HISTORY
4. AALAYA VAZHIPPATTIL AADAR PENDIR
5. DEVA ADIYARGALIN DANCE PARTICIPATION
6. JATHI, KORVAI, THEERMANAM, ARUDHI
7. EDUPPU, THODUPPU, MUDIPPU
8. UTRAANGAM AND POORVAANGAM
9. VARNAM, JAAVALI, PADAM, KEERTHANAI

### NOTES:

IN NATTUVAANGA PRACTICAL EXAM, THATTUKAZHI AND THALAKKUZHI SHOULD BE USED.